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| http://www.quavermusic.com/LPDynamicImages/TopLeft/1.png?gl=1st+Grade&p=1st&m=Beat | http://www.quavermusic.com/LPDynamicImages/TopRight/1.png?lpt=Lesson+1+-+Welcome+To+Music%21 |

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| http://www.quavermusic.com/images/LP_purpose_header.pngThe purpose of this lesson is to explore the basics of beat, establish rules and procedures for music class, and prepare students for a successful year ahead. | http://www.quavermusic.com/images/LP_objectives_header.png   * Keep the beat to a song * Recall The Quaver Five. * Recall how to hold, take care of, and play rhythm instruments (especially rhythm sticks). |

http://www.quavermusic.com/images/LP_summary_table_header_2.png

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| **Normal**  30-45 min | NCCAS: Re7.1a/ Re7.2a/ Re8.1a/ Cn11.0a   NAfME: 1, 2, 3, 6 | * Rhythm sticks * Conga drum * Classroom instruments * Bean bags | * **Welcome To Music (1st)** * **Jumpin' Jacks** * **Rondo Alla Turca** - Mozart * **Skip to My Lou** |
| **Extended**  30-36 min |

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| http://www.quavermusic.com/LPDynamicImages/TopLeft/1.png?gl=1st+Grade&p=1st&m=Beat | http://www.quavermusic.com/LPDynamicImages/TopRight/1.png?lpt=Lesson+2+-+Steady+Beat |

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| http://www.quavermusic.com/images/LP_purpose_header.pngThe purpose of this lesson is to review the concept of steady beat as it pertains to a variety of music. | http://www.quavermusic.com/images/LP_objectives_header.png   * Define Measure. * Recall the definitions of Beat and Steady Beat. * Name objects that produce a steady beat. |

http://www.quavermusic.com/images/LP_summary_table_header_2.png

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| **Normal**  30-45 min | NCCAS: Re7.2a/ Cn11.0a   NAfME: 1, 2, 5, 6, 8 | * Drum * Wood block | * **Steady Beat** * **The Washington Post** - Sousa * **Make a Circle Song** |
| **Extended**  30-38 min |

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| http://www.quavermusic.com/LPDynamicImages/TopRight/1.png?lpt=Lesson+3+-+Strong+and+Weak+Beats |

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| http://www.quavermusic.com/images/LP_purpose_header.pngThe purpose of this lesson is to discover strong and weak beats through singing and moving. | http://www.quavermusic.com/images/LP_objectives_header.png   * Define Strong Beat. * Define Weak Beat. * Recognize and move to the strong and weak beats in a song. |

http://www.quavermusic.com/images/LP_summary_table_header_2.png

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| **Normal**  30-45 min | NCCAS: Re7.2a/ Cn11.0a   NAfME: 1, 2, 6, 7 | * Non-pitched percussion instruments * Rhythm Sticks | * **Strong Weak** * **Steady Beat** |
| **Extended**  30-35 min |

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| http://www.quavermusic.com/LPDynamicImages/TopLeft/1.png?gl=1st+Grade&p=1st&m=Meter | http://www.quavermusic.com/LPDynamicImages/TopRight/1.png?lpt=Lesson+4+-+Meters+of+2+and+4 |

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| http://www.quavermusic.com/images/LP_purpose_header.pngThe purpose of this lesson is to understand and experience meter of 2 and 4 through multiple activities. | http://www.quavermusic.com/images/LP_objectives_header.png   * Move to a meter of 2 by marching and a meter of 4 by walking. * Recognize that strong and weak beats help us count in meters of 2 and 4. * Sing a song in a meter of 2. |

http://www.quavermusic.com/images/LP_summary_table_header_2.png

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| **Normal**  30-45 min | NCCAS: Cr1.1a,b/ Re7.2a/ Cn11.0a   NAfME: 1, 2, 3, 5, 6 | * Hand drums * Rhythm sticks | * **Stinky Pirates** * **Stars and Stripes Forever** - Sousa * **Walking Home** * **I'm a Superhero** |
| **Extended**  30-40 min |

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| http://www.quavermusic.com/LPDynamicImages/TopLeft/1.png?gl=1st+Grade&p=1st&m=Meter | http://www.quavermusic.com/LPDynamicImages/TopRight/1.png?lpt=Lesson+5+-+Meter+of+3 |

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| http://www.quavermusic.com/images/LP_purpose_header.pngThe purpose of this lesson is to understand and experience music in a meter of 3. | http://www.quavermusic.com/images/LP_objectives_header.png   * Move to a meter of 3 by waltzing or swaying. * Recall that strong and weak beats help us count in a meter of 3. |

http://www.quavermusic.com/images/LP_summary_table_header_2.png

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| **Normal**  30-45 min | NCCAS: Cr1.1a,b/ Re7.2a/ Cn11.0a   NAfME: 1, 2, 3, 6, 9 | * Rhythm instruments * Art supplies for each student (paper, crayons, paint) * Dry erase board * Piano * Guitar for teacher | * **I Have a Dog with a Tail** * **The Blue Danube** - Strauss * **Why in the Sky** * **Waltzing Like Wallabies** |
| **Extended**  30-37 min |

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| http://www.quavermusic.com/LPDynamicImages/TopLeft/1.png?gl=1st+Grade&p=1st&m=Meter | http://www.quavermusic.com/LPDynamicImages/TopRight/1.png?lpt=Lesson+6+-+Changing+Meters |

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| http://www.quavermusic.com/images/LP_purpose_header.pngThe purpose of this lesson is to identify and feel the difference in meters of 2, 3, and 4. | http://www.quavermusic.com/images/LP_objectives_header.png   * Identify the difference between meters of 2, 3, and 4. * Play rhythm instruments in meters of 2, 3, and 4. |

http://www.quavermusic.com/images/LP_summary_table_header_2.png

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| **Normal**  30-45 min | NCCAS: Cr1.1a,b/ Re7.2a/ Cn11.0a   NAfME: 1, 2, 3, 6, 8 | * Rhythm instruments | * **Why in the Sky** * **Stinky Pirates** * **I'm a Superhero** * **I Have a Dog with a Tail** |
| **Extended**  30-38 min |

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| http://www.quavermusic.com/LPDynamicImages/TopLeft/1.png?gl=1st+Grade&p=1st&m=Rhythm | http://www.quavermusic.com/LPDynamicImages/TopRight/1.png?lpt=Lesson+7+-++Practicing+Rhythm |

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| http://www.quavermusic.com/images/LP_purpose_header.pngThe purpose of this lesson is to experience how rhythms feel through moving, singing, and playing instruments along with a steady beat. | http://www.quavermusic.com/images/LP_objectives_header.png   * Listen and imitate patterns on rhythm instruments. * Describe the purpose of bar lines. |

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| **Normal**  30-45 min | NCCAS: Cr1.1a,b/ Re7.2a/ Cn11.0a   NAfME: 1, 2, 3, 6, 7, 8 | * Classroom rhythm instruments | * **Rhythm is a Beautiful Thing** * **Who Wants Ice Cream?** |
| **Extended**  30-45 min |

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| http://www.quavermusic.com/LPDynamicImages/TopLeft/1.png?gl=1st+Grade&p=1st&m=Rhythm | http://www.quavermusic.com/LPDynamicImages/TopRight/1.png?lpt=Lesson+8+-+Sing%2c+Play%2c+and+Move+to+Rhythm |

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| http://www.quavermusic.com/images/LP_purpose_header.pngThe purpose of this lesson is to expand students' ability to create and perform rhythm patterns. | http://www.quavermusic.com/images/LP_objectives_header.png   * Play a variety of rhythm patterns. * Create a rhythm pattern using graphic icons. |

http://www.quavermusic.com/images/LP_summary_table_header_2.png

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| **Normal**  30-45 min | NCCAS: Cr1.1a,b/ Pr4.2b/ Pr4.3a/ Re7.2a/ Cn11.0a   NAfME: 1, 2, 3, 6, 9 | * Classroom rhythm instruments | * **Jumpin' Jacks** |
| **Extended**  30-40 min |

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| http://www.quavermusic.com/LPDynamicImages/TopLeft/1.png?gl=1st+Grade&p=1st&m=Rhythm | http://www.quavermusic.com/LPDynamicImages/TopRight/1.png?lpt=Lesson+9+-+Austin+Otto |

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| http://www.quavermusic.com/images/LP_purpose_header.pngThe purpose of this lesson is to strengthen students' understanding of, and ability to perform, ostinatos and other rhythmic patterns through singing, moving, and playing instruments. | http://www.quavermusic.com/images/LP_objectives_header.png   * Define Ostinato. * Play a simple ostinato within a song. |

http://www.quavermusic.com/images/LP_summary_table_header_2.png

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| **Normal**  30-45 min | NCCAS: Cr1.1a,b/ Cr2.1b/ Re7.2a/ Re8.1a/ Cn11.0a   NAfME: 1, 2, 4, 5, 6, 9 | * Classroom rhythm instruments | * **Mr. Austin Otto** |
| **Extended**  30-39 min |