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| http://www.quavermusic.com/LPDynamicImages/TopLeft/1.png?gl=1st+Grade&p=1st&m=Beat | http://www.quavermusic.com/LPDynamicImages/TopRight/1.png?lpt=Lesson+1+-+Welcome+To+Music%21 |

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| http://www.quavermusic.com/images/LP_purpose_header.pngThe purpose of this lesson is to explore the basics of beat, establish rules and procedures for music class, and prepare students for a successful year ahead.  | http://www.quavermusic.com/images/LP_objectives_header.png* Keep the beat to a song
* Recall The Quaver Five.
* Recall how to hold, take care of, and play rhythm instruments (especially rhythm sticks).
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| **Normal** 30-45 min  | NCCAS: Re7.1a/ Re7.2a/ Re8.1a/ Cn11.0a NAfME: 1, 2, 3, 6  | * Rhythm sticks
* Conga drum
* Classroom instruments
* Bean bags
 | * **Welcome To Music (1st)**
* **Jumpin' Jacks**
* **Rondo Alla Turca** - Mozart
* **Skip to My Lou**
 |
| **Extended** 30-36 min  |

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| http://www.quavermusic.com/LPDynamicImages/TopLeft/1.png?gl=1st+Grade&p=1st&m=Beat | http://www.quavermusic.com/LPDynamicImages/TopRight/1.png?lpt=Lesson+2+-+Steady+Beat |

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| http://www.quavermusic.com/images/LP_purpose_header.pngThe purpose of this lesson is to review the concept of steady beat as it pertains to a variety of music. | http://www.quavermusic.com/images/LP_objectives_header.png* Define Measure.
* Recall the definitions of Beat and Steady Beat.
* Name objects that produce a steady beat.
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| **Normal** 30-45 min | NCCAS: Re7.2a/ Cn11.0a NAfME: 1, 2, 5, 6, 8 | * Drum
* Wood block
 | * **Steady Beat**
* **The Washington Post** - Sousa
* **Make a Circle Song**
 |
| **Extended** 30-38 min |

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| http://www.quavermusic.com/LPDynamicImages/TopRight/1.png?lpt=Lesson+3+-+Strong+and+Weak+Beats |

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| http://www.quavermusic.com/images/LP_purpose_header.pngThe purpose of this lesson is to discover strong and weak beats through singing and moving. | http://www.quavermusic.com/images/LP_objectives_header.png* Define Strong Beat.
* Define Weak Beat.
* Recognize and move to the strong and weak beats in a song.
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| **Normal** 30-45 min | NCCAS: Re7.2a/ Cn11.0a NAfME: 1, 2, 6, 7 | * Non-pitched percussion instruments
* Rhythm Sticks
 | * **Strong Weak**
* **Steady Beat**
 |
| **Extended** 30-35 min |

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| http://www.quavermusic.com/LPDynamicImages/TopLeft/1.png?gl=1st+Grade&p=1st&m=Meter | http://www.quavermusic.com/LPDynamicImages/TopRight/1.png?lpt=Lesson+4+-+Meters+of+2+and+4 |

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| http://www.quavermusic.com/images/LP_purpose_header.pngThe purpose of this lesson is to understand and experience meter of 2 and 4 through multiple activities. | http://www.quavermusic.com/images/LP_objectives_header.png* Move to a meter of 2 by marching and a meter of 4 by walking.
* Recognize that strong and weak beats help us count in meters of 2 and 4.
* Sing a song in a meter of 2.
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| **Normal** 30-45 min | NCCAS: Cr1.1a,b/ Re7.2a/ Cn11.0a NAfME: 1, 2, 3, 5, 6 | * Hand drums
* Rhythm sticks
 | * **Stinky Pirates**
* **Stars and Stripes Forever** - Sousa
* **Walking Home**
* **I'm a Superhero**
 |
| **Extended** 30-40 min |

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| http://www.quavermusic.com/LPDynamicImages/TopLeft/1.png?gl=1st+Grade&p=1st&m=Meter | http://www.quavermusic.com/LPDynamicImages/TopRight/1.png?lpt=Lesson+5+-+Meter+of+3 |

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| http://www.quavermusic.com/images/LP_purpose_header.pngThe purpose of this lesson is to understand and experience music in a meter of 3. | http://www.quavermusic.com/images/LP_objectives_header.png* Move to a meter of 3 by waltzing or swaying.
* Recall that strong and weak beats help us count in a meter of 3.
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| **Normal** 30-45 min | NCCAS: Cr1.1a,b/ Re7.2a/ Cn11.0a NAfME: 1, 2, 3, 6, 9 | * Rhythm instruments
* Art supplies for each student (paper, crayons, paint)
* Dry erase board
* Piano
* Guitar for teacher
 | * **I Have a Dog with a Tail**
* **The Blue Danube** - Strauss
* **Why in the Sky**
* **Waltzing Like Wallabies**
 |
| **Extended** 30-37 min |

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| http://www.quavermusic.com/LPDynamicImages/TopLeft/1.png?gl=1st+Grade&p=1st&m=Meter | http://www.quavermusic.com/LPDynamicImages/TopRight/1.png?lpt=Lesson+6+-+Changing+Meters |

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| http://www.quavermusic.com/images/LP_purpose_header.pngThe purpose of this lesson is to identify and feel the difference in meters of 2, 3, and 4. | http://www.quavermusic.com/images/LP_objectives_header.png* Identify the difference between meters of 2, 3, and 4.
* Play rhythm instruments in meters of 2, 3, and 4.
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| **Normal** 30-45 min | NCCAS: Cr1.1a,b/ Re7.2a/ Cn11.0a NAfME: 1, 2, 3, 6, 8 | * Rhythm instruments
 | * **Why in the Sky**
* **Stinky Pirates**
* **I'm a Superhero**
* **I Have a Dog with a Tail**
 |
| **Extended** 30-38 min |

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| http://www.quavermusic.com/LPDynamicImages/TopLeft/1.png?gl=1st+Grade&p=1st&m=Rhythm | http://www.quavermusic.com/LPDynamicImages/TopRight/1.png?lpt=Lesson+7+-++Practicing+Rhythm |

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| http://www.quavermusic.com/images/LP_purpose_header.pngThe purpose of this lesson is to experience how rhythms feel through moving, singing, and playing instruments along with a steady beat. | http://www.quavermusic.com/images/LP_objectives_header.png* Listen and imitate patterns on rhythm instruments.
* Describe the purpose of bar lines.
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| **Normal** 30-45 min | NCCAS: Cr1.1a,b/ Re7.2a/ Cn11.0a NAfME: 1, 2, 3, 6, 7, 8 | * Classroom rhythm instruments
 | * **Rhythm is a Beautiful Thing**
* **Who Wants Ice Cream?**
 |
| **Extended** 30-45 min |

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| http://www.quavermusic.com/LPDynamicImages/TopLeft/1.png?gl=1st+Grade&p=1st&m=Rhythm | http://www.quavermusic.com/LPDynamicImages/TopRight/1.png?lpt=Lesson+8+-+Sing%2c+Play%2c+and+Move+to+Rhythm |

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| http://www.quavermusic.com/images/LP_purpose_header.pngThe purpose of this lesson is to expand students' ability to create and perform rhythm patterns. | http://www.quavermusic.com/images/LP_objectives_header.png* Play a variety of rhythm patterns.
* Create a rhythm pattern using graphic icons.
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| **Normal** 30-45 min | NCCAS: Cr1.1a,b/ Pr4.2b/ Pr4.3a/ Re7.2a/ Cn11.0a NAfME: 1, 2, 3, 6, 9 | * Classroom rhythm instruments
 | * **Jumpin' Jacks**
 |
| **Extended** 30-40 min |

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| http://www.quavermusic.com/LPDynamicImages/TopLeft/1.png?gl=1st+Grade&p=1st&m=Rhythm | http://www.quavermusic.com/LPDynamicImages/TopRight/1.png?lpt=Lesson+9+-+Austin+Otto |

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| http://www.quavermusic.com/images/LP_purpose_header.pngThe purpose of this lesson is to strengthen students' understanding of, and ability to perform, ostinatos and other rhythmic patterns through singing, moving, and playing instruments. | http://www.quavermusic.com/images/LP_objectives_header.png* Define Ostinato.
* Play a simple ostinato within a song.
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| **Normal** 30-45 min | NCCAS: Cr1.1a,b/ Cr2.1b/ Re7.2a/ Re8.1a/ Cn11.0a NAfME: 1, 2, 4, 5, 6, 9 | * Classroom rhythm instruments
 | * **Mr. Austin Otto**
 |
| **Extended** 30-39 min |